



**You must print out your own course materials!** None will be available at the class. Click on the link below to access:

[www.tchpeducation.com/coursebooks/coursebooks\\_main.htm](http://www.tchpeducation.com/coursebooks/coursebooks_main.htm)  
If the link does not work, copy and paste the link (web page address) into your internet browser. Available 1 week prior to class.

## Advances in Diabetes Management

September 20<sup>th</sup>, 2017

7:30 a.m. – 11:45 a.m.

Minnesota Veterans Home,  
Teleconferenced from Mpls.

### Description/Learning Outcome

Diabetes management is in an exciting new era, with changes happening frequently. Learning Outcome: After attending this class, the participant will self-report an improvement in their knowledge base and critical thinking skills related to current trends in understanding diabetes and its management; including medical nutrition therapy, blood glucose monitoring, medications, and self-care.

### Target Audience

This class was designed for nurses; however, other health care professionals are welcome to attend.

### Schedule

7:30 – 7:45 a.m.	<i>Registration</i>	
7:45 – 8:45 a.m.	Overview	Laraine Steel
8:45 – 9:45 a.m.	Medical Nutrition Management	Kim Wood
9:45 – 10:00 a.m.	<i>Break</i>	
10:00 – 11:15 a.m.	Medications for Diabetes	Laraine Steel
11:15 – 11:45 a.m.	Blood Glucose Monitoring and Self Care	Laraine Steel

### Continuing Education Credit

For attending this **class**, you are eligible to receive:

**4.5\* or 3.75\*\* contact hours (see below).**

**Criteria for successful completion:** All participants must attend the program and complete verification and evaluation forms to receive contact hours. If you are an ANCC certified nurse, you must attend the ENTIRE activity to receive contact hours and complete the application process with TCHP.

The Twin Cities Health Professionals Education Consortium is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

\*Denotes contact hours used for renewing licensure with the MN Board of Nursing or other Board that uses a 50 min/contact hour formula. These contact hours will be issued unless you request contact hours that comply with the ANCC formula.

\*\*Denotes contact hours used for renewing Nursing Certification with ANCC or other organization that uses the formula of 60 min/contact hour. You must request these contact hours on the evaluation form if you need them.

### Please Read!

- Check the attached map for directions to the class and assistance with parking.
- Certificates of attendance will be distributed at the end of the day.
- You should dress in layers to accommodate fluctuations in room temperature.
- Food, beverages, and parking costs are your responsibility.
- If you are unable to attend after registering, please notify the Education Department at your hospital or TCHP at 612-873-2225.
- In the case of bad weather, call the TCHP office at 612-873-2225 and check the answering message to see if a class has been cancelled. If a class has been cancelled, the message will be posted by 5:30 a.m. on the day of the program.
- More complete class information is available on the TCHP website at [www.tchpeducation.com](http://www.tchpeducation.com).

Minnesota Veterans Homes  
Minneapolis Campus  
5101 Minnehaha Avenue  
Minneapolis, MN 55417

Note: There is no vending or a cafeteria in this building so please bring a lunch and beverages. There is a microwave available for reheating food. Park in one of the lots indicated on the campus map. Parking is free.

**Driving Directions:**

**From Minneapolis:**

Take 8<sup>th</sup> Street South until it Y's into 55 (Hiawatha). Follow 55 to E. 46<sup>th</sup> St. and turn left. At 46<sup>th</sup> Avenue, turn right and follow the signs to the Veterans Home.

**From the Northeast:**

Take Hwy. 36 to 35W south. Exit on 55/Hiawatha. Follow 55 to E. 46<sup>th</sup> St. and turn left. At 46<sup>th</sup> Avenue, turn right and follow the signs to the Veterans Home.

**From the East (St. Paul):** Take 35E south to West 7<sup>th</sup>/Highway 5 exit. Turn right at the top of the exit ramp. Continue on 5 to the Fort Snelling exit and stay to the right as you follow the exit around. You will "Y" into traffic coming from the Mendota bridge. Move to the right and exit on 55 west. Follow 55 to E. 46<sup>th</sup> St. and turn right. Continue to 46<sup>th</sup> Avenue and turn right. Follow the signs to the Veterans Home.

**From the Southeast:** Take 35E to 110 west. Take the 55 west/Fort Snelling exit. Go to the far righthand lane as soon as you exit to continue on 55 west. Go over the Mendota Bridge, move to the right lane and exit to follow 55 west.

**From the North:** Take 35W south to 62 east. Exit on 55 West. Turn left at the top of the ramp to follow 55. At E. 46<sup>th</sup> St. turn right. Continue to 46<sup>th</sup> Avenue and turn right. Follow the signs to the Veterans Home.

**From the South:** Take 35W north to 62 east. Exit on 55 West. Turn left at the top of the ramp to follow 55. At E. 46<sup>th</sup> St. turn right. Continue to 46<sup>th</sup> Avenue and turn right. Follow the signs to the Veterans Home.

**From the West:** Take 494 east to 35W north. Take 62 east. Exit on 55 West. Turn left at the top of the ramp to follow 55. At E. 46<sup>th</sup> St. turn right. Continue to 46<sup>th</sup> Avenue and turn right. Follow the signs to the Veterans Home.



