

You must print out your own course materials! None will be available at the class. Click on the link below to access:

www.tchpeducation.com/coursebooks/coursebooks_main.htm
 If the link does not work, copy and paste the link (web page address) into your internet browser. Available 1 week prior to class.

End of Life Nursing Education

Day 1 of 2

September 15, 2017
 7:30 a.m. to 4:00 p.m.
MVNA/HOTC Training Room
 (2000 Summer St NE #100, Minneapolis, MN 55413)

Description/Learning Outcomes

Quality care for patients and families during the transition to end-of-life is crucial. Hospitals, nursing homes, and other care facilities must understand the issues involved and work together to provide a seamless experience for the patient and their family.

The learning outcome for this two-day class is to improve the nurse’s ability to:

- Understand the benefits, dilemmas and barriers to palliative care;
- Manage clinical symptoms at the end-of –life;
- Examine cultural and spiritual factors and their influence on attitudes and beliefs about death and dying;
- Address issues surrounding grief, loss and bereavement;
- Navigate ethical and legal issues in palliative nursing;
- Provide leadership to assure quality palliative care;
- Develop communication strategies to discuss end-of-life issues with patients, families and other health care providers; and
- Assess and provide individually tailored interventions to the imminently dying patient and their family.

Target Audience

This class was designed for nurses; however, other health care professionals are welcome to attend.

7:45 - 8:45 a.m.	Palliative Nursing Care*	Belle Matheson
8:45 – 10:15 a.m.	Ethical and Legal Issues in Palliative Care	Carla Cerra
10:15 - 10:30 a.m.	Break	
10:30 -12:00 noon	Advanced Care Planning*	Belle Matheson
12:00 – 12:45 p.m.	Lunch	
12:45 – 2:00 p.m.	Pain Management*	Belle Matheson
2:00 – 2:15 p.m.	Break	
2:15 – 4:00 p.m.	Symptom Management—Physical*	Belle Matheson


**These sections include content on nursing leadership and communication*

Continuing Education Credit

For attending this class, you are eligible to receive:	<p>8.4* or 7.00** contact hours (see below).</p> <p>Criteria for successful completion: All participants must attend the program and complete verification and evaluation forms to receive contact hours. If you are an ANCC certified nurse, you must attend the ENTIRE activity to receive contact hours and complete the application process with TCHP.</p> <p>The Twin Cities Health Professionals Education Consortium is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.</p> <p>Please note that you must complete both day 1 and day 2 to receive the designation of being “ELNEC Trained.”</p>
<p><small>*Denotes contact hours used for renewing licensure with the MN Board of Nursing or other Board that uses a 50 min/contact hour formula. These contact hours will be issued unless you request contact hours that comply with the ANCC formula. **Denotes contact hours used for renewing Nursing Certification with ANCC or other organization that uses the formula of 60 min/contact hour. You must request these contact hours on the verification form if you need them.</small></p>	

Please Read!

- Check the attached map for directions to the class and assistance with parking.
- Certificates of attendance will be distributed at the end of day 2 unless you are attending only the first day..
- You should dress in layers to accommodate fluctuations in room temperature.
- Food, beverages, and parking costs are your responsibility.
- If you are unable to attend after registering, please notify the Education Department at your hospital or TCHP at 612-873-2225.
- In the case of bad weather, call the TCHP office at 612-873-2225 and check the answering message to see if a class has been cancelled. If a class has been cancelled, the message will be posted by 5:30 a.m. on the day of the program.
- More complete class information is available on the TCHP website at www.tchpeducation.com.



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End of Life Nursing Education

Day 2 of 2

September 18, 2017
 7:30 a.m. to 4:00 p.m.
MVNA/HOTC Training Room
 (2000 Summer St NE #100, Minneapolis, MN 55413)

Description/Learning Outcomes

Quality care for patients and families during the transition to end-of-life is crucial. Hospitals, nursing homes, and other care facilities must understand the issues involved and work together to provide a seamless experience for the patient and their family.

The learning outcome for this two-day class is to improve the nurse’s ability to:

- Understand the benefits, dilemmas and barriers to palliative care;
- Manage clinical symptoms at the end-of –life;
- Examine cultural and spiritual factors and their influence on attitudes and beliefs about death and dying;
- Address issues surrounding grief, loss and bereavement;
- Navigate ethical and legal issues in palliative nursing;
- Provide leadership to assure quality palliative care;
- Develop communication strategies to discuss end-of-life issues with patients, families and other health care providers; and
- Assess and provide individually tailored interventions to the imminently dying patient and their family.

Target Audience

This class was designed for nurses; however, other health care professionals are welcome to attend.

7:45 - 9:15 a.m.	Cultural and Spiritual Considerations in End of Life Care	Heidi Telschow and Steve Grove
9:15 – 9:30 a.m.	Break	
9:30 -10:45 noon	Loss, Grief, and Bereavement	Heidi Telschow and Steve Grove
10:45 – 12:00	Symptom Management—Psychological*	Belle Matheson
12:00 – 12:45 p.m.	Lunch	
12:45 – 2:30 p.m.	Final Hours and Hospice Care*	Belle Matheson and Rachel Rollie
2:30 – 2:45 p.m.	Break	
2:45 – 4:00 p.m.	End of Life Care for Veterans	Caroline Schauer and/or Jorge Ramirez

*These sections will include content on nursing communication and leadership

Continuing Education Credit

<p>For attending this class, you are eligible to receive:</p>	<p>8.4* or 7.00** contact hours (see below).</p> <p>Criteria for successful completion: All participants must attend the program and complete verification and evaluation forms to receive contact hours. If you are an ANCC certified nurse, you must attend the ENTIRE activity to receive contact hours and complete the application process with TCHP.</p> <p>The Twin Cities Health Professionals Education Consortium is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.</p> <p>Please note that you must complete both day 1 and day 2 to receive the designation of being “ELNEC Trained.”</p>
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**Denotes contact hours used for renewing Nursing Certification with ANCC or other organization that uses the formula of 60 min/contact hour. You must request these contact hours on the verification form if you need them.

Please Read!

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- More complete class information is available on the TCHP website at www.tchpeducation.com.

Minnesota Visiting Nurses Association (MVNA) and Hospice of the Twin Cities (HOTC)

(2000 Summer St NE #100, Minneapolis, MN 55413)

From 35W:

- Exit Stinson Blvd
- Go south on Stinson Blvd
- Turn right (west) on Summer St
- Summer St will end with a parking lot
- Enter parking lot
- MVNA is located to the left upon entering the parking lot

From 94:

- Merge onto 280
- Exit and left (west) on Broadway
- Past Stinson Blvd
- Left (south) on Cleveland
- Take right on Summer St to enter the parking lot
- MVNA is located to the left upon entering the parking lot

-or-

- Merge 280
- Exit and left (west) on Hennepin Ave
- Right (north) on Stinson Blvd
- Left (west) on Summer St
- Summer St will end with a parking lot
- Enter parking lot
- MVNA is located to the left upon entering the parking lot



Note:

Please dress in layers to accommodate fluctuations in room temperature.

There is not a cafeteria at this location so please bring a lunch or money to visit a nearby restaurant over the lunch break. There is a microwave onsite but bring your own eating utensils.

Parking is free in the lot but be mindful that some of the spots are reserved.

Doors will be open after 7:00 a.m. so please plan arrival after that time.