



**You must print out your own course materials!** None will be available at the class. Click on the link below to access:

[www.tchpeducation.com/coursebooks/coursebooks\\_main.htm](http://www.tchpeducation.com/coursebooks/coursebooks_main.htm)

If the link does not work, copy and paste the link (web page address) into your internet browser. Available 1 week prior to class.

## Assessment of the Adult Patient

May 2<sup>nd</sup>, 2018

7:30 a.m. to 4:00 p.m.

Minneapolis VA Simulation Center

(in the parking lot North of the hospital)

Please read driving and parking directions carefully

### Description/Learning Outcomes

The accurate and timely assessment of the adult patient can make the difference between rapid recovery and serious setbacks. The learning outcome is to improve the learner's ability to accurately assess the cardiovascular, neurological, pulmonary, gastrointestinal, endocrine, and renal systems. Simulation will help learners strengthen their clinical knowledge base, critical thinking skills, as well as helping learners to see how to improve or sustain good performance. Learners will leave feeling better prepared to manage these types of critically ill patients.

**Please bring your stethoscope.**

### Target Audience

This class was designed for nurses; however, other health care professionals are welcome to attend.

### Schedule:

7:30 – 7:45 a.m.	Registration	
7:45 – 8:45 a.m.	Pulmonary Assessment	Mary Douglas
8:45 – 9:45 a.m.	Cardiovascular Assessment	Mary Douglas
9:45 – 10:00 a.m.	Break	
10:00-11:45 a.m.	Endocrine , Renal & GI Assessment	Agnes Kastenholz-Lehn
11:45 – 12:30 p.m.	Lunch	
12:30 – 2:00 p.m.	Neurological Assessment	Scott Behm
2:00 – 2:15 p.m.	Break	
2:15 – 4:00 p.m.	Simulation and De-briefing	Mary Douglas; Scott Behm; Linda Checky

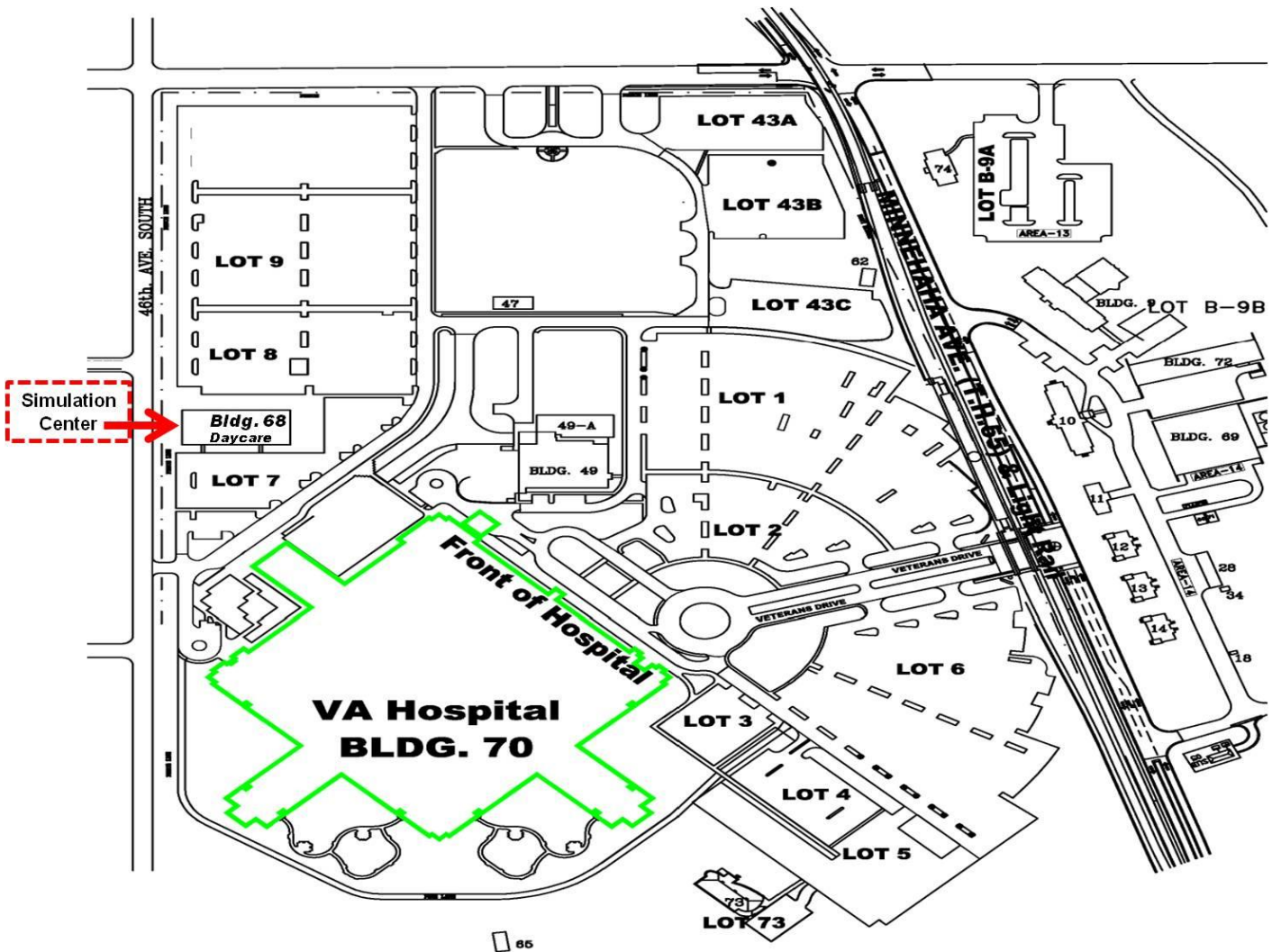
### Continuing Education Credit

<b><i>For attending this class, you are eligible to receive:</i></b>	<p><b>7.00 contact hours</b></p> <p><b>Criteria for successful completion:</b> All participants must attend the program and complete an online evaluation form to receive contact hours. Note that you must attend the ENTIRE activity to receive contact hours.</p> <p>The Twin Cities Health Professionals Education Consortium is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.</p>
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### **Please Read!**

- Check the attached map for directions to the class and assistance with parking.
- Certificates of attendance will be emailed to class participants once the online evaluation is completed.
- You should dress in layers to accommodate fluctuations in room temperature.
- Food, beverages, and parking costs are your responsibility.
- If you are unable to attend after registering, please notify the Education Department at your hospital or TCHP at 612-873-2225.
- In the case of bad weather, call the TCHP office at 612-873-2225 and check the answering message to see if a class has been cancelled. If a class has been cancelled, the message will be posted by 5:30 a.m. on the day of the program.
- More complete class information is available on the TCHP website at [www.tchpeducation.com](http://www.tchpeducation.com).

**Directions to the Minneapolis VA Simulation Center, Building 68, Entry Door 68-2, Room 227, One Veterans Drive, Minneapolis, MN 55417**



**The VA Simulation Center is located on the second floor of Building 68 in Room 227**

**Please allow at least TEN minutes to get to the classroom from either the hospital or parking lots.**

Driving Directions	Parking Directions
Take Hwy. 55 to 54 <sup>th</sup> Street and go west. Go past the stop sign on Minnehaha and turn left at the second entrance into the VA parking lot.  Visitors should park in Lot 11 (overflow lot) or in Lots 9 or 10.	Head towards the building which is northwest of the hospital. Enter using the southeast entrance that faces parking Lot 7. The door is to the right of the smoking shelter ("68-2" sign located above the door). The northwest entrance is for the daycare—do not go in this door. Entry to the second floor is only available through the stairwell or elevator. Walk through the door directly across from the elevator to the end of the hall to room 227.

There is a light rail station in front of the Minneapolis VA Health Care System. Check <http://www.metrotransit.org/light-rail> for information on taking the light rail.

**NOTE:** There is not a cafeteria in this building. Please bring refreshments (snacks and drinks) for break time and consider packing a lunch so that you don't need to walk to and from the hospital. There is not a refrigerator available. Dress in layers to accommodate fluctuations in temperature. Doors to the Simulation Center Room will not be open until approximately 7:30 a.m. Doors to the building should be open by 7:00 a.m.

## Map of surrounding roads to the Minneapolis VA Health Care System: Sim. Center



### More detailed driving directions:

**From the East (St. Paul):** Take 35E south to West 7<sup>th</sup>/Highway 5 exit. Turn right at the top of the exit ramp. Continue on 5 to the Fort Snelling exit and stay to the right as you follow the exit around. You will “Y” into traffic coming from the Mendota Bridge. Move to the right and exit on 55 west. As you exit on 55 west, it will “Y” almost immediately. Stay to the right and go to the next stoplight (54<sup>th</sup>) and turn left.\*

**From the Southeast:** Take 35E to 110 west. Take the 55 west/Fort Snelling exit. Go to the far righthand lane as soon as you exit to continue on 55 west. Go over the Mendota Bridge, move to the right lane and exit to follow 55 west. As you exit on 55 west, it will “Y” almost immediately. Stay to the right and go to the next stoplight (54<sup>th</sup>) and turn left.\*

**From the North:** Take 35W south to 62 east. Get into the right lane on 62 and exit on 55 west. At the top of the exit ramp, turn left to continue on 55 west. Go to the 2<sup>nd</sup> stoplight (54<sup>th</sup>) and turn left.\*

**From the South:** Take 35W north to 62 east. Get into the right lane on 62 and exit on 55 west. At the top of the exit ramp, turn left to continue on 55 west. Go to the 2<sup>nd</sup> stoplight (54<sup>th</sup>) and turn left.\*

**From the West:** Take 494 east to 35W north. Take 62 east. Get into the right lane on 62 and exit on 55 west. At the top of the exit ramp, turn left to continue on 55 west. Go to the 2<sup>nd</sup> stoplight (54<sup>th</sup>) and turn left.\*

\*Go past the stop sign on Minnehaha and turn left at the second entrance into the VA parking lot. Visitors should park in Lot 11 (overflow lot) or in Lots 9 or 10.